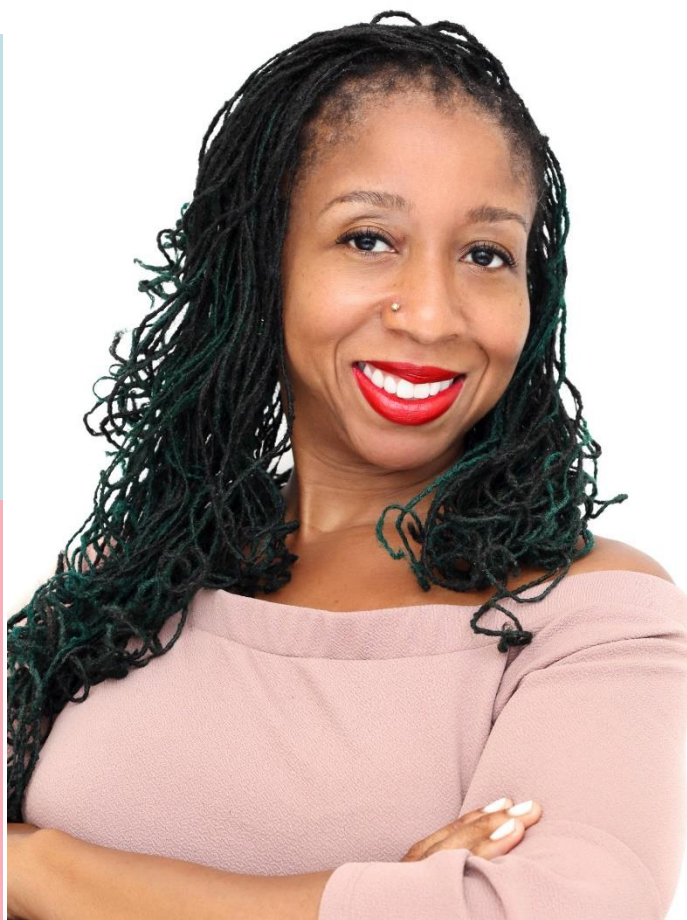


Angela A. Hardy

TRICHOLOGIST

HOLISTIC HEALTH COACH

OWNER OF
SIMPLE WELLNESS SPA



Angela A. Hardy's life's work is holistic health. When Hardy couldn't find a stylist who understood natural hair, she left corporate America and started Simple Wellness Spa. This was the beginning of her journey to educate others about wellness and enhance their unique beauty.

As a trichologist at her award-winning spa in Baltimore, Maryland, Hardy specializes in hair loss, thinning, and scalp conditions.

Education is a passion for Hardy. She served as an adjunct instructor of natural hair at Morgan State University, teaches cosmetology classes, leads group seminars, and hosts workshops. She travels internationally to train in naturopathic methods that reveal conditions of the body.

Hardy empowers people through her national speaking engagements, her book, [A Sky Dive of Faith](#), and her community work.

ACCOLADES

Entrepreneur of the Year
Bmorenews

Special Recognition for Community Efforts and Dedication to Maryland Small Business
United States Senator Ben Cardin

Top Black-Owned Spas
Travel Noire

AngelaAHardy@gmail.com

AngelaHardy.net

443-622-5026

Angela A. Hardy

WHAT CLIENTS ARE SAYING

"My experience with Angela Hardy was inspiring. If you thought you knew everything about the wellness of your body from head to toe, literally think again. This trichologist will surely enlighten and challenge you to be a better you."

"My experience at Simple Wellness was AWESOME. I had the pleasure of having Angela, the owner, retighten my Sisterlocks and I was VERY pleased. Her energy is LOVE. My hair has never felt better- she definitely has a new client."

"Angela is a miracle worker. Suffering from hair loss and issues with my 20 year-old locs, I needed help... I was floored with the outcome. Angela treated my scalp, recommended supplements, and did a terrific styling."

SPEAKING TOPICS



[Angela Discusses Simple Wellness Day Spa](#)
Elevated Radio Network

[Having It All For Women Entrepreneurs](#)
Bmorenews Radio

Healthy Hair With A Holistic Approach

Five Major Factors Contributing to Hair Loss
and Health Disorders

Building Your Brand

Turning Your Passion Into a Paycheck

Healing the Healer

To book Angela for your event, email AngelaAHardy@gmail.com with event information.

CERTIFICATIONS & TRAINING

- Trichologist (hair and scalp care)
- Holistic Hair Stylist
- Digestive Health
- Iridologist (study of the eye for indications of health)
- Advanced Kinesiology
- Vitamins and Mineral Deficiencies
- Zyto Practitioner
- Naturopathic Medicine

 [Angela Bead Hardy Trichologist](#)

 [Simple_Wellness_Day_Spa](#)

 [4SimpleWellness](#)

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